WEIGHTED AND VECTOR-VALUED VARIATIONAL ESTIMATES FOR ERGODIC AVERAGES

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ABSTRACT. We prove weighted and vector-valued variational estimates for ergodic averages on \mathbb{R}^d . The weighted square function estimate relating ergodic averages to the dyadic martingale is obtained using an *ℓ r* version of a reverse Hölder inequality for variation seminorms.

1. INTRODUCTION

We denote ergodic averages on \mathbb{R}^d , $d\geq 1$, by

$$
A_t f(x) = \int_{B(0,t)} f(x+y) dy,
$$

where $B(0, t)$ is the ball of radius *t* centered at zero and $f_A = |A|^{-1} \int_A$. The homogeneous *r*-variation norm is denoted by

$$
||a_t||_{\tilde{V}_{t\in I}^r} := \sup_{t_0 < t_1 < \dots < t_J \in I} \Big(\sum_{j=1}^J |a_{t_j} - a_{t_{j-1}}|^r \Big)^{1/r}
$$

and the inhomogeneous *r*-variation norm by

$$
||a_t||_{V^r_{t\in I}} := \sup_{t\in I} |a_t| + ||a_t||_{\tilde{V}^r_{t\in I}}.
$$

Variational estimates for ergodic averages of the form

$$
\|\|A_t f(x)\|_{V^r_{t>0}}\|_{L^p_x} \lesssim \|f\|_{L^p}
$$

have been introduced by Bourgain [[Bou89](#page-10-0)] and a complete theory has been developed by a number of authors [[JRW03;](#page-10-1) [JKRW98](#page-10-2); [JSW08](#page-10-3)] covering the full possible range of exponents p , r including the end points. Our purpose is to obtain weighted and vectorvalued versions of these results.

A *weight* is a positive function on \mathbb{R}^d . The A_1 constant of a weight is given by

$$
[w]_{A_1} = \sup_x Mw(x)/w(x),
$$

the A_p constant, $1 < p < \infty$, is given by

(1.2)
$$
[w]_{A_p} = \sup_Q (|Q|^{-1} \int_Q w) (|Q|^{-1} \int_Q w^{-1/(p-1)})^{p-1},
$$

and a weight *w* is A_{∞} if

(1.3)
$$
w(E)/w(Q) \le C_w(|E|/|Q|)^{\delta}
$$

for some $\delta \in (0,1]$ and all $E \subset Q.$ Here and later the letter Q denotes a cube in $\mathbb{R}^d,$ not necessarily dyadic unless explicitly stated so. We refer to [[GCF85](#page-10-4), Chapter IV] for

1

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the basic properties of A_p weights. Note that all constants in the results from [[GCF85,](#page-10-4) Chapter IV] that we use can be taken to depend only on the A_p constants of the weights involved in them and not otherwise on the weight. This kind of dependence is required for the Rubio de Francia extrapolation theorem to apply (see e.g. [[Duo11,](#page-10-5) Theorem 3.1]).

The set of dyadic cubes in \mathbb{R}^d with side length 2^k is denoted by $\mathscr{Q}_k.$ For a point x we write $\mathcal{Q}_k(x)$ for the unique (away from a set of measure zero) dyadic cube with side length 2^k containing *x*. The conditional expectation onto the σ -algebra generated by \mathcal{Q}_k is denoted by E_k .

Ergodic averages will be compared with a dyadic martingale using the short variations

$$
S_k f := \|A_t f - E_k f\|_{V^2_{2^k \le t \le 2^{k+1}}}.
$$

Following [[Kra13](#page-10-6)] we will in fact use the (larger) smoothed version of the short variations given by

$$
\tilde{S}_k f(x) := \sup_{y \in 3\mathcal{Q}_k(x)} S_k f(y).
$$

Here, $3\mathcal{Q}_k(x)$ denotes the concentric cube to $\mathcal{Q}_k(x)$ with three times the side length. The smoothed square function is defined by

$$
\tilde Sf:=(\sum_k (\tilde S_kf)^2)^{1/2}.
$$

Weighted bounds for a discrete version of \tilde{S} have been proved in [[Kra13](#page-10-6)] using the Auscher–Martell extrapolation theorem with limited range of exponents (see [[Duo11,](#page-10-5) Theorem 7.1]). We present a direct proof relying on an *ℓ r* version of a reverse Hölder inequality from [[JRW03](#page-10-1)] and another alternative proof using a good *λ* inequality.

Theorem 1.4. *The operator* \tilde{S} *is bounded*

(1) *on* $L^p(w)$ *for every* $w \in A_p$, $1 < p < \infty$ *, and*

(2) *as an operator* $L^1(w) \to L^{1,\infty}(w)$ *for every* $w \in A_1$ *.*

In each case the operator norm is bounded in terms of the A^p constant of the weight.

For an ℓ^{∞} → BMO estimate in the discrete setting see also [[Kra13](#page-10-6), Section 3]. The above estimate for the square function together with weighted bounds for the dyadic martingale square function and Haar multipliers will be used to show weighted and vector-valued bounds for the *r*-variation of ergodic averages.

Theorem 1.5. *Let* $r > 2$ *and* $1 < q < \infty$ *. The operator*

$$
f_i(x) \mapsto (A_t f_i)(x)
$$

acting on sequence-valued functions on R *d is bounded as an operator*

$$
(1.6) \qquad L_x^1(\ell_i^q, w) \to L_x^{1,\infty}(\ell_i^q(V_i^r), w), \quad \text{for any } w \in A_1(\mathbb{R}^d)
$$

$$
(1.7) \tL_x^{\infty}(\ell_i^q) \to \text{BMO}_x(\ell_i^q(V_i^r)), \text{ and}
$$

$$
(1.8) \qquad L_x^p(\ell_i^q, w) \to L_x^p(\ell_i^q(V_i^r), w) \quad \text{for any } 1 < p < \infty \text{ and } w \in A_p(\mathbb{R}^d).
$$

In each case the operator norm is bounded in terms of the A^p constant of the weight and grows as $\frac{r}{r-2}$ *for* $r \to 2$ *.*

Theorem [1.5](#page-1-0) is a joint generalization of the Fefferman–Stein vector-valued maximal inequality [[FS71](#page-10-7)] and the Bourgain–Lépingle inequality [[Bou89](#page-10-0)]. Since bounds for a fixed *t* are immediate, it suffices to treat the homogeneous variation.

Our proof also gives analogous results for dilates of other neighborhoods of the origin provided that the boundary is sufficiently smooth, this applies e.g. to cubes. Throughout the proof we assume $r < \infty$, which is justified by the fact that the conclusion of the theorem becomes stronger as *r* decreases. We also assume that the coordinate functions f_i are smooth on \mathbb{R}^d , the general case follows by standard truncation arguments.

The *p*-maximal function and the sharp *p*-maximal function are denoted by

$$
(1.9) \tM_p f(x) = \sup_{Q \ni x} (|Q|^{-1} \int_Q |f|^p)^{1/p}, \tM_p^{\sharp} f(x) = \sup_{Q \ni x} \inf_c (|Q|^{-1} \int_Q |f - c|^p)^{1/p}.
$$

The subscript *p* is omitted if $p = 1$.

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2. A REVERSE HÖLDER INEQUALITY

For
$$
1 < r < \infty
$$
 let
\n
$$
R_k b(x) := ||A_t b||_{V^r} \quad \tilde{R}_k b(x) = \sup_{y \in 3Q_k(x)} R_k b(y), \quad \tilde{R}(b) := (\sum_k \tilde{R}_k (b)^r)^{1/r}.
$$

Denote the side length of a cube *Q* by *ℓ*(*Q*).

Lemma 2.1 (cf. [[JRW03](#page-10-1), Lemma 4.2]). Let $1 < r < \infty$. Let \mathcal{Q} be a collection of disjoint c ubes Q of size $\lesssim 2^k$. For each Q let b^{Q} be a scalar-valued function supported on Q with $\int b^Q = 0$. Then for every $\alpha > \frac{d-1}{r'}$ we have

(2.2)
$$
R_{k}(\sum_{Q} b^{Q}(x))^{r} \lesssim_{\alpha,r,d} (2^{k})^{ar} \sum_{Q} \ell(Q)^{-ar} R_{k}(b^{Q}(x))^{r}.
$$

Proof. We consider only the homogeneous variation, in order to get the inhomogeneous variation it suffices to additionally consider an arbitrary (but fixed) *t*, which is similar but easier. Fix an arbitrary sequence $2^k \le t_1 < \cdots < t_J \le 2^{k+1}$ and split the sum over cubes in

$$
\sum_{j}|\sum_{Q}(A_{t_{j+1}}-A_{t_j})b^{Q}(x)|^{r}.
$$

according to the size of the cubes

$$
\sum_{j}|\sum_{i\leq 0}\sum_{Q:\ell(Q)\approx 2^{k+i}}(A_{t_{j+1}}-A_{t_j})b^Q(x)|^r.
$$

Let α be chosen later and apply Hölder's inequality in the sum over i to estimate this by

$$
(2.3) \quad \sum_{j} \Big(\sum_{i \leq 0} \sum_{Q:\ell(Q) \approx 2^{k+i}} |2^{-\alpha i} (A_{t_{j+1}} - A_{t_j}) b^Q(x)|^r \Big) \cdot \Big(\sum_{i \leq 0} \sum_{Q:\ell(Q) \approx 2^{k+i}} |2^{\alpha i} 1_{Q:Q \cap (\partial B(x,t)) \neq \emptyset, t = t_j \text{ or } t_{j+1}}|^{r'} \Big)^{r/r'}.
$$

In order to estimate the second bracket note that $Q \cap (\partial B(x, t)) \neq \emptyset$ implies *Q* is contained in a spherical shell of radius $\approx 2^k$ and thickness $\approx 2^{k+i}$. For a fixed *i* there can be at most $O(2^{-i(d-1)})$ cubes of this kind. Hence the second bracket in [\(2.3\)](#page-2-0) is bounded by

$$
\big(\sum_{i\leq 0}2^{\alpha ir'}2^{-i(d-1)}\big)^{r/r'},
$$

which is finite by the assumption on α . This gives for [\(2.3\)](#page-2-0) the bound

$$
\sum_{j} \left(\sum_{i \le 0} \sum_{Q:\ell(Q) \approx 2^{k+i}} |2^{-ai} (A_{t_{j+1}} - A_{t_j}) b^Q(x)|^r \right) \le \sum_{j} \sum_{Q} \ell(Q)^{-ar} (2^k)^{ar} |(A_{t_{j+1}} - A_{t_j}) b^Q(x)|^r
$$

Taking the supremum over sequences $(t_j)_j$ we obtain [\(2.2\)](#page-2-1).

Estimating the *r*-variation norm by the 1-variation norm and noting that only cubes with $\mathop\mathrm{dist}(x,Q) \lesssim 2^k$ contribute to the sum we obtain

Corollary 2.4. *In the situation of Lemma [2.1](#page-2-2) we have*

$$
\tilde{R}_k(\sum_{Q} b^Q(x))^r \lesssim_{\alpha,r,d} (2^k)^{\alpha r - dr} \sum_{Q:\text{dist}(x,Q)\lesssim 2^k} \ell(Q)^{-\alpha r} ||b^Q||_1^r.
$$

3. STRONG TYPE BOUNDS FOR THE SQUARE FUNCTION

Recall that a Haar function on a dyadic cube is a function that is constant on each dyadic subcube and has integral zero. A Haar function is *L* [∞] normalized if it is bounded by 1.

Lemma 3.1. *Let* $k \in \mathbb{Z}$ *and* $j < 0$ *. Let* h_Q *be* L^∞ *normalized Haar functions supported on* $the \ cubes Q \in \mathscr{Q}_{k+j+1}.$ Let $1 < p < \infty$ and $w \in A_p.$ Then

$$
(3.2) \t\t\t ||\tilde{S}_k(\sum_{Q \in \mathscr{Q}_{k+j+1}} h_Q E_{k+j+1} f)||_{L^p(w)} \lesssim 2^{-e|j|} ||f||_{L^p(w)},
$$

where ε > 0 *and the implied constant depend only on p and* [*w*]*^A^p , but not on k*, *j, or the Haar functions.*

Proof. By homogeneity we may assume $k = 0$. Let $w \in A_p$, then there exists $r \in A_p$ $(1, min(2, p))$ such that $w \in A_{p/r}$. Write f_Q for the value of $E_{j+1}f$ on Q and observe $E_0 \sum_{Q \in \mathscr{Q}_{j+1}} h_Q f_Q = 0.$ Hence we have

$$
\|\tilde{S}_0(\sum_{Q\in \mathcal{Q}_{j+1}} h_Q E_{j+1} f)\|_{L^p(w)} \lesssim \|\tilde{R}_0(\sum_{Q\in \mathcal{Q}_{j+1}} h_Q f_Q)\|_{L^p(w)},
$$

where \tilde{R}_0 is defined using the above value of r . Applying Corollary [2.4](#page-3-0) we obtain

$$
\tilde{R}_0\left(\sum_{Q\in\mathcal{Q}_{j+1}}h_Qf_Q\right)^r(x)\lesssim 2^{-raj}\sum_{Q\in\mathcal{Q}_{j+1},\text{dist}(x,Q)\lesssim 1}||h_Qf_Q||_1^r.
$$

By Hölder's inequality this is bounded by

$$
\begin{aligned} 2^{-raj} \sum_{Q \in \mathcal{Q}_{j+1}, \text{dist}(x,Q) \lesssim 1} \|1_Q f_Q\|_r^r \|h_Q\|_{r'}^r \leq 2^{-raj} 2^{jdr/r'} \int_{B(x,C)} |E_{j+1} f|^r \\ \lesssim 2^{r(d/r'-\alpha)j} M_r (E_{j+1} f)^r(x). \end{aligned}
$$

Thus we have established

$$
\tilde{R}_0\left(\sum_{Q\in\mathcal{Q}_{j+1}}h_Qf_Q(x)\lesssim 2^{\epsilon j}M_r(E_{j+1}f)(x)\right)
$$

for any $\epsilon < 1/r'$. We are done since the maximal function M_r is bounded on $L^p(w)$. \Box

Proof of Theorem [1.4,](#page-1-1) part [1.](#page-1-2) By Rubio de Francia's extrapolation theorem it suffices to consider $p = 2$. Write $f = \sum_j d_j$, $d_j = E_j f - E_{j+1} f$. The result will follow if we can show

$$
\|\tilde{S}_k(d_{k+j})\|_{L^2(w)} \lesssim 2^{-\epsilon|j|} \|d_{k+j}\|_{L^2(w)}.
$$

Indeed,

$$
\tilde{S}f = (\sum_k (\tilde{S}_k (\sum_j d_{k+j}))^2)^{1/2} \leq \sum_j (\sum_k (\tilde{S}_k (d_{k+j}))^2)^{1/2},
$$

and taking $L^2(w)$ norms on both sides we obtain

$$
\|\tilde{S}f\|_{L^2(w)} \leq \sum_j (\sum_k \|\tilde{S}_k(d_{k+j})\|_{L^2(w)}^2)^{1/2} \lesssim \sum_j 2^{-\epsilon|j|} (\sum_k \|d_{k+j}\|_{L^2(w)}^2)^{1/2}.
$$

The sum over *k* on the right-hand side is the dyadic martingale square function which is bounded on $L^2(w)$, see [[Buc93](#page-10-8), Theorem 3.6] or [[LPR10](#page-10-9)].

For $j \geq -10^d$ (say) we note that S_k is invariant under constant addition to use the estimate

$$
S_k f(x) \lesssim \inf_c 2^{-kd} \int_{B_{C2^k}(x)} |f - c|.
$$

It follows that an estimate of the same kind holds for \tilde{S}_k . Writing $d_{k+j} = \sum_{Q \in \mathscr{Q}_{k+j}} a_Q 1_Q$ we obtain

$$
\tilde{S}_k d_{k+j} \lesssim \sum_{Q \in \mathcal{Q}_{k+j}} |a_Q| 1_{\partial Q + B_{C2^k}}.
$$

The overlap of the characteristic functions on the right-hand side is bounded by an absolute constant, so

$$
(\tilde{S}_k d_{k+j})^2 \lesssim \sum_{Q \in \mathcal{Q}_{k+j}} |a_Q|^2 1_{\partial Q + B_{C2^k}}.
$$

Integrating this we obtain

$$
\|\tilde{S}_k d_{k+j}\|_{L^2(w)}^2 \lesssim \sum_{Q \in \mathcal{Q}_{k+j}} |a_Q|^2 w (\partial Q + B_{C2^k})
$$

Since the A_2 weight *w* also satisfies the A_∞ condition, this is bounded by

$$
\sum_{Q \in \mathcal{Q}_{k+j}} |a_Q|^2 w(Q + Q_{C2^k}) (|\partial Q + Q_{C2^k}|/|Q + Q_{C2^k}|)^{\delta}
$$

for some $\delta > 0$, and since *w* is doubling this is bounded by

$$
\sum_{Q \in \mathcal{Q}_{k+j}} |a_Q|^2 w(Q) (2^{-j})^{\delta} = 2^{-j\delta} ||d_{k+j}||^2_{L^2(w)}.
$$

For $j < -10^d$ write

$$
d_{k+j} = \sum_{Q \in \mathcal{Q}_{k+j+1}} h_Q E_{k+j+1} f,
$$

where $h_Q = d_{k+j} 1_Q / ||d_{k+j} 1_Q||_{\infty}$ are normalized Haar functions (with convention $h_Q = 0$ if $d_{k+j}1_Q = 0$) and $f = \sum_{Q \in \mathcal{Q}_{k+j+1}} 1_Q ||d_{k+j}1_Q||_{\infty}$. Note $||f||_{L^2(w)} \lesssim ||d_{k+j}||_{L^2(w)}$ since w is doubling and d_{k+j} is constant at scale 2^{k+j} . The claim now follows from Lemma [3.1.](#page-3-1) \Box

4. THE JUMP INEQUALITY

Let $(a_t)_t$ be an arbitrary function. The *jump counting function* $N_\lambda(a_t)$ is the supremum over all *J* such that there exist $t_0 < t_1 < \cdots < t_J$ with $|a_{t_j} - a_{t_{j-1}}| > \lambda$ for all $j = 1, \ldots, J$. See [[JSW08](#page-10-3)] for the basic properties of the jump counting function and its relation to the variational norms.

Proposition 4.1. Let $w \in A_p(\mathbb{R}^d)$, $1 < p < \infty$. Then

$$
\sup_{\lambda>0}\lambda^{-1}\|\sqrt{N_{\lambda}(A_tf)}\|_{L^p(w)}\lesssim \|f\|_{L^p(w)}.
$$

Proposition [4.1](#page-5-0) implies the scalar-valued case of [\(1.8\)](#page-1-3) in Theorem [1.5](#page-1-0) by the inter-polation argument in [[JSW08](#page-10-3), Section 2] (note that an A_p weight, $1 < p < \infty$, is also in *A^q* for all *q* in a neighborhood of *p*). Extrapolation then yields the vector-valued case of [\(1.8\)](#page-1-3).

Proof. In view of the weighted bound for the square function (part [1](#page-1-2) of Theorem [1.4\)](#page-1-1) it suffices to show

$$
\sup_{\lambda>0}\lambda^{-1}\|\sqrt{N_{\lambda}(E_{t}f)}\|_{L^{p}(w)}\lesssim\|f\|_{L^{p}(w)},
$$

where *t* takes dyadic values (here we use the convention that *E^k* is the conditional expectation at scale 2^{−k}), see e.g. [[JSW08](#page-10-3), Lemma 1.3]. By the greedy selection argument, see e.g. [[JKRW98,](#page-10-2) Lemma 6.7], this follows from

$$
\|(\sum_{j}|E_{t_{j+1}(x)}f(x)-E_{t_j(x)}f(x)|^2)^{1/2}\|_{L_x^p(w)}\lesssim \|f\|_{L^p(w)},
$$

where $t_1 \le t_2 \le \ldots$ are stopping times and the bound does not depend on the stopping times. By truncation we may assume $t_0 = -\infty$ and $t_J = +\infty$ for some *J*. Writing r_j for the Rademacher functions the left-hand side can be estimated by

$$
\| \|\sum_j r_j(s) (E_{t_{j+1}(x)}f(x)-E_{t_j(x)}f(x))\|_{L_s^p}\|_{L_x^p(w)}=\| \|\sum_j r_j(s)\sum_{k=t_j(x)}^{t_{j+1}(x)-1}d_k(x)\|_{L_x^p(w)}\|_{L_s^p},
$$

where $d_k = E_{k+1}f - E_kf$. Now the $L_x^p(w)$ norm on the right-hand side can be written as

$$
\|\sum_{k} r_{\max\{j:t_j(x)\leq k\}}(s)d_k(x)\|_{L_x^p(w)}.
$$

The function $x \mapsto r_{\max\{j: t_j(x)\leq k\}}(s)$ is constant at scale 2^{-k} since t_j are stopping times, so this is bounded by $||f||_{L^p(w)}$ uniformly in *s* in view of the weighted bound for the Haar multipliers (which extends to all $1 < p < \infty$ by extrapolation), see [[Wit00](#page-10-10), Theorem 3.1] for the case $d = 1$ and [[LPR10](#page-10-9), Theorem 1.6] for the general case. Integrating over *s* we obtain the claim.

5. WEAK TYPE (1, 1) BOUNDS

Proposition 5.1. Let $1 < q < \infty$, let w be an $A¹$ weight and let T be a sublinear oper*ator that is bounded on L^q* (*w*) *and pointwise bounded by a finite linear combination of operators of the form* \tilde{R} *for some* $1 < r \leq q$ *. Then* $T : L^1(\ell^q, w) \to L^{1,\infty}(\ell^q, w)$ *.*

This allows us to deduce part [2](#page-1-4) of Theorem [1.4](#page-1-1) from part [1](#page-1-2) of that theorem and part [\(1.6\)](#page-1-5) of Theorem [1.5](#page-1-0) from part [\(1.8\)](#page-1-3) of that theorem.

Proof. The argument is adapted from [[JKRW98;](#page-10-2) [JRW03](#page-10-1)]. By homogeneity it suffices to prove

$$
w\{x:(\sum_i|Tf_i|^q)^{1/q}>1\}\lesssim ||(\sum_i|f_i|^q)^{1/q}||_{L^1(w)}.
$$

We use the Calderón–Zygmund decomposition as in [[FS71](#page-10-7)]. Let $F = (\sum_i |f_i|^q)^{1/q}$, then there exist disjoint cubes (denoted by *Q*) such that $||F||_{L^{\infty}(\mathbb{R}\setminus\cup Q)} \leq 1$, $\sum_{Q} |Q| \lesssim ||F||_1$, and $||F||_{L^1(Q)} \lesssim |Q|$. Let

$$
g_j(x) = \begin{cases} |Q|^{-1} \int_Q f_j, & x \in Q, \\ f_j(x), & x \notin \cup Q \end{cases}
$$

and

$$
b_j = \sum_{Q} b_j^Q, \quad b_j^Q(x) = \begin{cases} f_j(x) - |Q|^{-1} \int_Q f_j, & x \in Q, \\ 0, & x \notin \cup Q \end{cases}
$$

Let $G = (\sum_j |g_j|^q)^{1/q}$, then $G(x) = F(x)$ for $x \notin \cup Q$ and

$$
G(x) = \left(\sum_{j} ||Q|^{-1} \int_{Q} f_j|^q\right)^{1/q} \leq |Q|^{-1} \int_{Q} \left(\sum_{j} |f_j|^q\right)^{1/q} = |Q|^{-1} ||F||_{L^1(Q)} \lesssim 1
$$

for $x \in Q$. Hence $||G||_{L^1(w)} \le ||F||_{L^1(w)}$ and $||G||_{\infty} \lesssim 1$, so we get the required weak type bound for $(g_j)_j$ from the strong type (q, q) bound.

Note

$$
w(5Q) \le \int_Q |F|w(5Q)/|Q| \lesssim \int_Q |F|Mw \lesssim \int_Q |F|w,
$$

so with $\tilde{E} := \bigcup_{Q} 5Q$ it suffices to show

(5.2)
$$
w\{x \notin \tilde{E} : (\sum_{i} |T b_{i}|^{q})^{1/q} > 1\} \lesssim \sum_{Q} w(Q).
$$

By the hypothesis it suffices to show

(5.3)
$$
\int_{\mathbb{R}^d \setminus \tilde{E}} \left(\sum_i (\sum_k (\tilde{R}_k b_i)^r)^{q/r} \right)^{r/q} w \lesssim \sum_Q w(Q).
$$

Let $\alpha > (d-1)/r'$ be chosen later. For $x \notin E$ only cubes with $\ell(Q) \lesssim 2^k$ contribute to \tilde{R}_k . Thus by Corollary [2.4](#page-3-0) we have

$$
(\tilde{R}_k b_i)^r(x) \lesssim 2^{kar-kdr} \sum_{Q:\text{dist}(x,Q)\lesssim 2^k} \ell(Q)^{-ar} ||b_i^Q||_1^r.
$$

Hence the left-hand side of [\(5.3\)](#page-6-0) can be estimated by

$$
(5.4) \qquad \int_{\mathbb{R}^d \setminus \tilde{E}} (\sum_i (\sum_k 2^{k(\alpha - d)r} \sum_{Q} 1_{\text{dist}(\cdot,Q) \lesssim 2^k} (x) \ell(Q)^{-\alpha r} ||b_i^Q||_1^r)^{q/r} \gamma^{r/q} w(x) dx.
$$

By Minkowski's inequality this is bounded by

$$
\sum_{Q}\ell(Q)^{-\alpha r}\left(\sum_{i}\|b_{i}^{Q}\|_{1}^{q}\right)^{r/q}\sum_{k}2^{k(\alpha-d)r}\int_{\mathbb{R}^{d}\setminus\tilde{E}}1_{\mathrm{dist}(\cdot,Q)\lesssim2^{k}}(x)w(x)\mathrm{d}x.
$$

Note that

$$
(5.5) \qquad \qquad \sum_{i} \|b_i^Q\|_1^q \le \big(\int_Q (\sum_i |b_Q^i|^q)^{1/q}\big)^q \lesssim \|F\|_{L^1(Q)}^q \lesssim |Q|^q
$$

by Minkowski's inequality. Hence we obtain the bound

$$
\sum_{Q} \ell(Q)^{-\alpha r} |Q|^r \sum_{k:2^k \gtrsim \ell(Q)} 2^{k(\alpha - d)r} \int_{\mathbb{R}^d} 1_{\text{dist}(\cdot,Q) \lesssim 2^k} (x) w(x) dx.
$$

The latter integral can be estimated by 2^{kd} min_{$x \in Q$} $Mw(x)$, and the sum over *k* is finite provided $(a - d)r + d < 0$. In this case we obtain the bound

$$
\sum_{Q} \ell(Q)^{-\alpha r} |Q|^r \ell(Q)^{(\alpha-d)r+d} \min_{x \in Q} Mw(x)
$$

$$
\lesssim \sum_{Q} |Q|^r \ell(Q)^{d(1-r)} \min_{x \in Q} w(x)
$$

$$
\approx \sum_{Q} |Q| \min_{x \in Q} w(x)
$$

$$
\le \sum
$$

as required. Note that the restrictions on *α* imposed here are equivalent to $\frac{d-1}{r'} < \alpha <$ *d* $\frac{d}{r'}$, so an appropriate *α* can be chosen whenever *r* > 1. □

Q

w(*Q*).

The above proof also yields an A_1 weighted weak type $(1, 1)$ estimate for the jump counting function.

6. THE BMO BOUND

Finally we prove [\(1.7\)](#page-1-6) in Theorem [1.5.](#page-1-0) Suppose $\|(\sum_i |f_i|^q)^{1/q}\|_\infty \le 1$ and let *Q* be a cube. It suffices to show

$$
\int_{Q} (\sum_{i} ||A_{t}f_{i}(x) - c_{t,i,Q}||_{V_{t}^{r}}^{q})^{1/q} dx \lesssim 1
$$

for some choice of functions $c_{t,i,Q}$. We split $f = g + b$, where $g = f 1_{3Q}$. For the local part *g* we have $\|g\|_{L^q(\ell^q)} \lesssim |Q|^{1/q}$, and it follows from the scalar-valued case of the Bourgain–Lépingle inequality [1.8](#page-1-3) that

$$
\|(\sum_i\|A_t g_i(x)\|_{V_t^r}^q)^{1/q}\|_{L_x^q}\lesssim \|g\|_{L^q(\ell^q)}.
$$

The required estimate for the local part then follows by an application of the Cauchy– Schwarz inequality in the *x* variable.

It remains to treat the global part *b*. We set $c_{t,i,Q} = \int_Q A_t \, b_i(y) \mathrm{d}y$. We have

$$
\int_{Q} (\sum_{i} ||A_{t} b_{i}(x) - c_{t,i,Q}||_{V_{t}}^{q})^{1/q} dx \leq \int_{Q} \int_{Q} (\sum_{i} ||A_{t} b_{i}(x) - A_{t} b_{i}(y)||_{V_{t}}^{q})^{1/q} dx dy,
$$

so it suffices to show

(6.1)
$$
(\sum_{i} ||A_{t} b_{i}(x) - A_{t} b_{i}(y)||_{V_{t}^{r}}^{q})^{1/q} \lesssim 1
$$

uniformly in $x, y \in Q$. Estimating the *r*-variational norm by the min(*r*, *q*)-variational norm we may assume $r \leq q$ for the remaining part of the proof. By Lemma [B.1](#page-9-0) we have

$$
||A_t b_i(x) - A_t b_i(y)||_{V_t^r} \lesssim ||A_t b_i(x) - A_t b_i(y)||_{L_t^r}^{1-1/r} ||\frac{d}{dt}(A_t b_i(x) - A_t b_i(y))||_{L_t^r}^{1/r}.
$$

By Cauchy–Schwarz the left-hand side of [\(6.1\)](#page-7-0) can be estimated by

$$
\left(\sum_{i}||A_{t}b_{i}(x)-A_{t}b_{i}(y)||_{L_{t}^{r}}^{q}\right)^{(1-1/r)/q}\left(\sum_{i}||\frac{d}{dt}(A_{t}b_{i}(x)-A_{t}b_{i}(y))||_{L_{t}^{r}}^{q}\right)^{(1/r)/q}.
$$

By Minkowski's integral inequality this is bounded by

$$
(6.2) \qquad ||(\sum_{i}|A_{t}b_{i}(x)-A_{t}b_{i}(y)|^{q})^{1/q}||_{L_{t}^{r}}^{1-1/r}||(\sum_{i}|\frac{d}{dt}(A_{t}b_{i}(x)-A_{t}b_{i}(y))|^{q})^{1/q}||_{L_{t}^{r}}^{1/r}.
$$

Note that $A_t b_i(x) = A_t b_i(y) = 0$ if $t < l(Q)$. For $t > l(Q)$ we write

$$
A_t b_i(x) - A_t b_i(y) = \frac{C}{t^d} \int (1_{B(x,t)} - 1_{B(y,t)}) b_i
$$

and use the fact that

(6.3)
$$
|B(x,t)\Delta B(y,t)| \lesssim |x-y|t^{d-1} \lesssim \ell(Q)t^{d-1}.
$$

This gives the estimate

$$
\begin{aligned} \|\left(\sum_{i} |A_{t} b_{i}(x) - A_{t} b_{i}(y)|^{q}\right)^{1/q}\|_{L^{r}_{t>\ell(Q)}}\\ &\lesssim \|t^{-d} \int |1_{B(x,t)} - 1_{B(y,t)}|(\sum_{i} |b_{i}|^{q})^{1/q}\|_{L^{r}_{t>\ell(Q)}}\\ &\lesssim \ell(Q) \|t^{-1}\|_{L^{r}_{t>\ell(Q)}} \lesssim \ell(Q)^{1/r} \end{aligned}
$$

for the first factor in [\(6.2\)](#page-8-0). In the second factor we split

$$
|\frac{d}{dt}(A_t b_i(x) - A_t b_i(y))| \lesssim t^{-d-1} |\int_{B(x,t)\Delta B(y,t)} b_i| + t^{-d} |\frac{d}{dt} \int_{B(x,t)} b_i| + t^{-d} |\frac{d}{dt} \int_{B(y,t)} b_i|
$$

and estimate the contributions of the first and the second summand separately (the third summand is entirely analogous to the second). The contribution of the first summand is estimated as above and gives $\|\ldots\|_{L^r} \lesssim \ell(Q)^{-1+1/r}$. In the second summand note

$$
\frac{\mathrm{d}}{\mathrm{d}t} \int_{B(x,t)} b_i \approx \int_{\partial B(x,t)} b_i,
$$

and analogously to the above case we again obtain $\|\ldots\|_{L^r} \lesssim \ell(Q)^{-1+1/r}$. Combining these estimates we see that [\(6.2\)](#page-8-0) is bounded by an absolute constant, and this concludes the proof.

APPENDIX A. A GOOD *λ* INEQUALITY

The good *λ* inequality below provides an alternative way to deduce part [1](#page-1-2) of Theo-rem [1.4](#page-1-1) from the special case $p = 2$, $w \equiv 1$.

Proposition A.1. *Suppose* $\tilde{S}: L^p \to L^{p,\infty}$ (unweighted) for some $1 \leq p < \infty$. Let w be a *weight satisfying the* A_{∞} *condition* [\(1.3\)](#page-0-0). Then for each $\lambda > 0$ and $A > 1$ we have

$$
w\{\tilde{S}f> A\lambda, M_p^\sharp f\leq \gamma\lambda\}\lesssim_p C_w\big(\frac{\gamma}{A-1}\big)^{p\delta}w\{\tilde{S}f>\lambda\}.
$$

Proof. We decompose

$$
\{\tilde{S}f > \lambda\} = \bigcup_{\mathcal{Q}} Q
$$

into a disjoint union of maximal dyadic cubes *Q*. We have

$$
\frac{w\{\tilde{S}f > A\lambda, M_p^{\sharp}f \leq \gamma\lambda\}}{w\{\tilde{S}f > \lambda\}} \leq \sup_{Q \in \mathcal{Q}} \frac{w\{\tilde{S}f > A\lambda, M_p^{\sharp}f \leq \gamma\lambda, Q\}}{w(Q)} \leq C_w \sup_{Q \in \mathcal{Q}} \frac{|Q \cap \{\tilde{S}f > A\lambda, M_p^{\sharp}f \leq \gamma\lambda\}|}{|Q|}\delta
$$

by the A_{∞} condition. Fix $Q \in \mathcal{Q}$, we need to find a bound for the ratio on the righthand side. Now, if $M_p^{\sharp} f > \gamma \lambda$ on *Q*, then the ratio is zero, so we assume that there exists some $z = z_Q$ such that

$$
M_p^{\sharp}f(z) \leq \gamma \lambda.
$$

Suppose $Q \in \sigma_j$. Now, for $x \in Q$, we may express

$$
(\tilde{S}f)^2(x) \lesssim \sum_{k \le j} \sum_{Q' \sim \mathcal{Q}_k(x)} S_k f(x_{Q'})^2 + \sum_{k > j} \sum_{Q' \sim \mathcal{Q}_k(x)} S_k f(x_{Q'})^2.
$$

Here $Q' \sim \mathcal{Q}_k(x)$ means the sum is taken over all neighbors Q' of $\mathcal{Q}_k(x)$, the unique dyadic cube with side length 2^k containing $x,$ and $x_{Q'}$ is a point at which the supremum over *Q* is almost attained.

By maximality of *Q*, the second term is $\leq \lambda^2$. On the other hand, the first term in the sum may be expressed as

$$
\sum_{k \le j} \sum_{Q' \sim \mathcal{Q}_k(x)} S_k((f - c)1_{CQ})(x_{Q'})^2 \le (\tilde{S}((f - c)1_{CQ}))^2
$$

for any *c*. Thus

$$
Q \cap \{\tilde{S}f > A\lambda, M_p^{\sharp}f \leq \gamma \lambda\} \subset Q \cap \{\tilde{S}((f-c) \cdot 1_{CQ}) > (A-1)\lambda\}.
$$

Using the weak-type (p, p) boundedness of \tilde{S} , we may estimate the measure of this final set by

$$
\frac{1}{(A-1)^p\lambda^p} \|\tilde{S}\|_{L^p\to L^{p,\infty}}^p \int_{CQ} |f-c|^p.
$$

Minimizing over *c* we obtain the estimate

$$
\frac{1}{(A-1)^p\lambda^p}|CQ|M_p^{\sharp}f(z)^p \lesssim \frac{\gamma^p}{(A-1)^p}|Q|.\hspace{1.5cm}\square
$$

APPENDIX B. A SOBOLEV EMBEDDING THEOREM FOR *r*-VARIATION

For completeness we recall a simple estimate for the *r*-variational norm of a function on $\mathbb R$ in terms of L^r norms.

Lemma B.1. *Let X be a normed space,* $1 \leq r < \infty$ *, and a* : [0, *T*] \rightarrow *X. Then*

$$
||a||_{\tilde{V}^r} \leq 8||a||_{L^r(X)}^{1-1/r} ||a'||_{L^r(X)}^{1/r}.
$$

Note that the conclusion does not explicitly depend on *T*, so the estimate remains true for functions defined on infinite intervals.

REFERENCES 11

Proof. Let *L* > 0 be an integer chosen later and set $D := \{0, \frac{T}{L}, \ldots, (L-1)\frac{T}{L}\}$ $\frac{1}{L}$ }. Let also $\delta \in [0, \frac{T}{L}]$ be chosen later. Splitting the variation into a short and a long part we get

$$
||a||_{\tilde{V}^r} \leq ||a(t)||_{\tilde{V}^r_{t\in\delta+D}} + 2\left(\sum_{j=-1}^L ||a(t)||^r_{\tilde{V}^r_{t\in[0,T]\cap j^T_{L}+\delta+[0,\frac{T}{L}]}}\right)^{1/r}
$$

$$
\leq 2||a(t)||_{\ell^r_{t\in\delta+D}} + 2\left(\sum_{j=-1}^L ||a(t)||^r_{\tilde{V}^1_{t\in[0,T]\cap j^T_{L}+\delta+[0,\frac{T}{L}]}}\right)^{1/r}.
$$

We have $||a||_{L^r}^r = \int_{\delta=0}^{\frac{T}{L}} ||a(t)||_{\ell^r_{t\in\delta+D}}^r$, so for some δ the first summand is bounded by $2(T/L)^{-1/r} ||a||_{L^r}$. In the second summand we have estimated the *r*-variation norm by the 1-variation norm, which can be estimated by the *L* ¹ norm of the derivative. Hence we obtain

$$
||a||_{\tilde{V}^r}\leq 2(T/L)^{-1/r}||a||_{L^r}+2\Big(\sum_{j=-1}^L||a'||_{L^1_{\epsilon\in[0,T]\cap j\frac{T}{L}+\delta+[0,\frac{T}{L}]}}^r\Big)^{1/r}.
$$

We estimate the L^1 norm on the right-hand side by the L^r norm using the Hölder inequality, this gives

$$
||a||_{\tilde{V}^r} \le 2(T/L)^{-1/r} ||a||_{L^r} + 2(T/L)^{1-1/r} \Big(\sum_{j=-1}^L ||a'||_{L^r}^r + \sum_{t \in [0,T] \cap j^T + \delta + [0,\frac{T}{L}]} 1 \Big)^{1/r}
$$

= 2(T/L)^{-1/r} ||a||_{L^r} + 2(T/L)^{1-1/r} ||a'||_{L^r}.

The optimal choice $L = |T||a'||_{L^r}/||a||_{L^r}$ gives the desired estimate unless $T||a'||_{L^r}$ < $\|a\|_{L^r}$. However, in the latter case we have the easy bound

$$
||a||_{\tilde{V}^r} \le ||a||_{\tilde{V}^1} \le ||a'||_{L^1} \le T^{1-1/r} ||a'||_{L^r} \le ||a||_{L^r}^{1-1/r} ||a'||_{L^r}^{1/r}.
$$

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